

MINUTES OF THE
REGULAR MONTHLY MEETING
OF
LEA COUNTY WOMEN'S NETWORK
May 15, 2009

The regularly scheduled meeting of the Lea County Women's Network was held on Friday, May 15, 2009, at the Black Gold Steak House at Zia Race Track.

Meeting was called to order by President, Sharon Clark at 12:15 pm.

Prayer was led by Virginia Teague, and the Pledge of Allegiance was lead by Brenda Henning. God Bless American was sung, led by Sharon Clark.

The minutes of the previous month's meeting were reviewed. A motion was made to approve the minutes by Brenda Henning and seconded by Suzanne Holler. Motion carried.

Guests were introduced. They included:

Carolyn Landrum
Julia Ball
Chris Robbins
Marisol Cardenas
Evelyn Rising
Deb Roberts

Mikal Fonseca reported on the recent fund raiser. There were many auction items donated and this helped a great deal. People pitched in and brought food. We raised close to \$3,000. Everyone who helped was thanked.

Louise Hudson reported on the Mentoring Program. The program has completed for the school year. The mentoring committee is meeting after the luncheon meeting to plan for next year. Louise gave an update on Amanda Gomez who LCWN is assisting attend the National Competition for Business Professionals of America. The competition was rescheduled to June due to the outbreak of Swine Flu.

Charlotte Smith reported on the LCWN Privacy Statement, which has been approved by the Board. This statement was developed to assure that none of the member information available on the web is shared with anyone else or any other organization. This is spelled out in the Privacy Statement, which will be available on the LCWN Website.

Sharon Clark made several announcements.

- She reported on the development of responsibilities of each board and chair member. This information is on the LCWN website.
- A brochure has been developed with updated information. They were distributed at the meeting and those present were asked to share these with anyone they think might be interested in the organization.

- Charlotte Smith created a booth for LCWN at the Healthy Women Initiative "kick-off" event. It was also very successful.

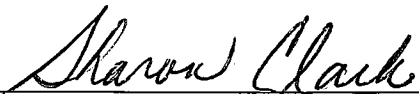
Lynda Lakin announced the need for suggestions for the next professional development session. She would also like volunteers to be on the professional development committee.

The guest speaker, Lynda Lakin, was introduced by Suzanne Holler. As our annual professional development offering, she gave an informative talk on "Break-Through Conversations." Lynda has been in training and development for over 20 years and communication issues are always the most common problem found in businesses. Currently she is most often asked to work with teams of employees who are not working well together. The authors of the *Crucial Conversations* Program have developed several models for understanding communication. Research shows 56% of communication message is conveyed visually (not verbally). 37% is conveyed through vocal tone. 7% is what words convey. Thoughts and feelings lead to behaviors in communication. People tend to go to silence, withdrawal, violence, controlling behaviors, and labeling of others. Alternative styles which are more effective include dialoguing, which requires feelings of safety to develop. Without this, we tend to develop "Villain, Victim, and Helpless stories." These types of stories involve "game playing." Lynda provided useful ways to make situations safe so that dialogue can progress successfully as well as communication guidelines which foster productive communication.

The next meeting will be the third Friday in June: June 19. The speaker for that meeting will be Jan Lobeck, author of *Not In Vain*.

The meeting was adjourned at 1:10 pm.

Approved this 19th day of June, 2009


Sharon Clark, President


Marianne Westbrook, Secretary